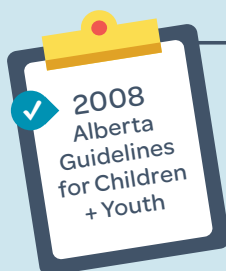


# Road map to help youth (12-17 yrs) thrive in Alberta's food policy environment

✓ Supportive Policies

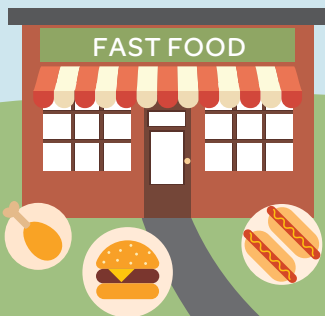
R Recommendation

R Work toward zoning to decrease food food outlets within 500m of schools



Still not mandatory across child-oriented settings

R Mandate + provide incentives



Most schools (80% Edmonton, 74% Calgary) have a poor food outlet in walking distance



Canada-wide study finds youth 14-17 have poorer diets than 6-13 yr olds

✓ Food prep skills are available in some schools but not mandatory



R Make it mandatory



✓ Various NGOs + Govt orgs with personnel steward childhood healthy living & obesity prevention



500m walking distance



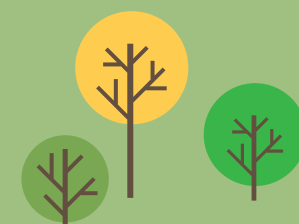
No restrictions on marketing unhealthy food to children in Alberta

R Prohibit marketing unhealthy food to children < 18 yrs

It's hard to eat healthy

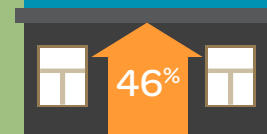


0% GST on healthy foods



FOOD BANK

Food bank use up for 0-17 yr olds between 2013-16



RECREATION CENTRE

+50% of rec centres do not have a healthy eating policy

R Sugar sweetened beverage tax may be a cost-deterrent for youth

R Continue to support rec centres opting to bring in contracts that support healthy eating



HOME

Households with food insecurity have insufficient funds to purchase a nutritious food basket



R Income based policies & programs to tackle child & youth food insecurity