WHAT'S STOPPING HEALTHY FOOD ENVIRONMENTS FOR KIDS?

3/4 foods in recreation facilities healthy · · ·

Modified retail food environment index ≥ 10 across all areas

Convenience stores/fast foods not present within 500 m of schools

Children's cereal 100% whole grain + <13 g sugar/50 g serving

Breakfast cereal infant & toddler foods, baked goods meet sodium targets

Menu labelling mandated in ·· restaurants with ≥ 20 locations

Shelf labelling identifying healthy food \cdots in grocers with \geq 20 locations

Front of pack food labelling · · · · · · · · ·

Marketing unhealthy foods to · · · · · · · · children are prohibited

Recreation facilities free from · · · · · · · · · unhealthy food marketing

3/4 foods in schools healthy

3/4 foods in childcares healthy · · · ·

Government regulation of industry's logos/brands denoting healthy foods

Broad-reaching child-directed social • marketing healthy food

Nutrition required curriculum component at all school grade levels

Food skills required curriculum component for junior high

Nutrition education requirement for teachers

Basic groceries exempt from point-of-sale taxes

Website & resources exist to support ... programs and initiatives of the childhood healthy living strategy/action plan

Evidence-based food rating system &dietary guidelines for foods served to children + tools to support their application

Qualified personnel is available free of charge to facilitate compliance with nutrition policies

* The following benchmarks had incomplete data in 2021:

Reduce proportion of households with children accessing food banks by 15% over 3 years

Elementary school students receive a free/subsidized fruit or vegetable daily

.01% of Alberta budget dedicated to healthy living strategy/action plan, with a significant portion focused on children

Minimum exercise tax \$0.05/100 mL sugar-sweetened beverages

Access to healthy food subsidies in rural, remote, or northern communities

Corporate profits earned via sales is taxed relative to its health profile

- Reduce proportion of children living in food insecure households by 15% over 3 years
- Social assistance rate & minimum wage provide sufficient funds to meet basic needs including Nutritious Food Basket
- Weight bias explicitly addressed in schools and childcare settings through policies and practices which promote body size and shape inclusivity
- Health Impact Assessments conducted on government policies with potential to impact child health
- Mechanisms monitor adherence to mandated nutrition policies
 - Food procurement contracts/agreements signed by public institutions specify 50% of foods procured are healthy
 - Nutrition education requirement for childcare professionals
 - Most Canadian corporations score ≥ 5.0 out of 10.0 (Access to Nutrition Index)
 - All public buildings permit & facilitate breastfeeding
 - All delivering/pediatric hospitals & public health centres achieved WHO Baby-Friendly designation/equivalents
 - Government- endorsed comprehensive, evidence-based childhood healthy living strategy/action plan promoting healthy eating
 - Provincial-level surveillance of children's eating practices & body weights
 - All municipalities 50,000+ have written food policy strategies, focused on access to healthy foods/promoting healthy eating

LET'S GIVE KIDS A GREEN LIGHT FOR HEALTH!



Did Not Meet the Benchmark



Somewhat Met the Benchmark



Met the Benchmark



