

HOW CAN ALBERTA RAISE THE GRADE TO CREATE HEALTHY FOOD ENVIRONMENTS?

1

Make existing policies/programs mandatory

2

Fully implement policies/programs

3

Monitor implementation of policies/programs

WHY DOES IT MATTER?

Dietary risks rank second only to tobacco as contributors to premature mortality in Canada (Institute for Health Metrics and Evaluation, 2017)

SCHOOLS

CHILDCARE

PUBLIC BUILDING

RECREATION FACILITIES

1

Mandate all schools to follow a provincial nutrition policy based on ANGCY*

2

Schools report using a nutrition policy on their school website

3

2020 GRADE

C >>> A

1

Make nutrition policy based on the ANGCY* mandatory, as licensing requires it.

2

Ensure use of AHS* Nutrition Services menus/guides at licensing checks

3

2020 GRADE

D >>> A

1

Mandate all public recreation facilities to follow a provincial nutrition policy based on ANGCY*

2

Recreation facilities report using ANGCY* menu/guide on their websites

3

2020 GRADE

D >>> A

1

Make current food skills courses mandatory for all Grade 7-9 students

2

Schools ensure all Grade 7-9 students have taken a food skills course

3

2020 GRADE

D >>> A

1

Mandate all childcare professionals to take the online childcare orientation course with nutrition outcomes***

2

All childcare professionals take the online childcare orientation course with nutrition outcomes, listed as a requirement on post-secondary institution websites

3

2020 GRADE

C >>> A

1

Mandate Bill S-228 restricting marketing of unhealthy food to children

2

Publicly funded recreation facilities restrict marketing of unhealthy foods to children

3

2020 GRADE

D >>> A

1

Mandate revisions to the Alberta School Nutrition program to be universal + focus on provision of fruit and vegetables.

2

All schools show on their school websites the provision of free daily fruit/vegetables for all students.

3

2020 GRADE

C+ >>> A

1

Mandate all public building/institutions have at least 50% of all food procurement focused on healthy foods.

2

All public buildings/institutions have at least 50% of all food procurement spending focused on healthy food posted on their websites.

3

2020 GRADE

INC >>> A

*ANGCY: Alberta Nutrition Guidelines for Children and Youth

***Alberta Health Services : <https://www.alberta.ca/child-care-staff-certification.aspx#orientation-course>