HOW CAN ALBERTA RAISE THE GRADE TO CREATE HEALTHY FOOD ENVIRONMENTS?



Make existing policies/programs mandatory



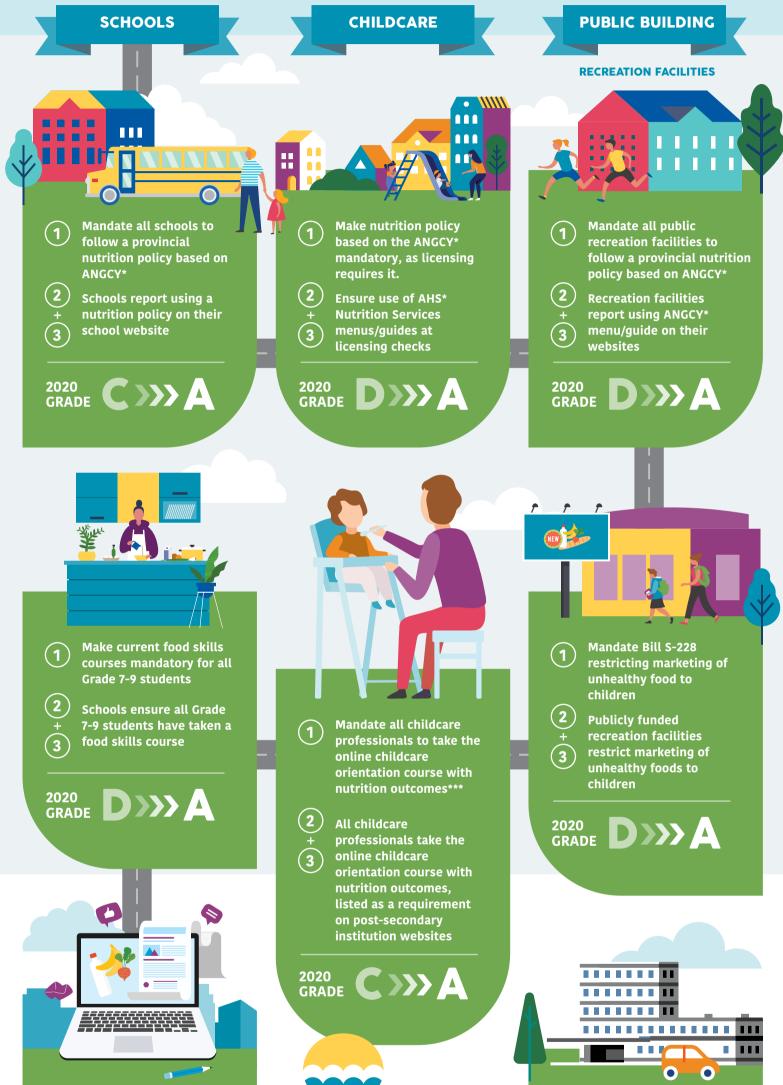
Fully implement policies/programs



Monitor implementation of policies/programs

WHY DOES IT MATTER?

Dietary risks rank second only to tobacco as contributors to premature mortality in Canada (Institute for Health Metrics and Evaluation, 2017)



Mandate revisions to the Alberta School Nutrition program to be universal + focus on provision of fruit and vegetables.

All schools show on their school websites the provision of free daily fruit/vegetables for all students.

2020 GRADE

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*ANGCY: Alberta Nutrition Guidelines for Children and Youth

***Alberta Health Services : https://www.alberta.ca/child-care-staff-certification. aspx#orientation-course



Mandate all public building/institutions have at least 50% of all food procurement focused on healthy foods.



All public buildings/institutions have at least 50% of all food procurement spending focused on healthy food posted on their websites.

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Based on Alberta's 2020 Nutrition Report Card on Food Environments for Children and Youth (NRC). The full and summary report are available online at: https://abpolicycoalitionforprevention.ca /evidence/albertas-nutrition-report-card/





BENCHMARKING FOOD ENVIRONMENTS